

Smartwatch



Reference: TEC616
Version: 1.7
Language: English

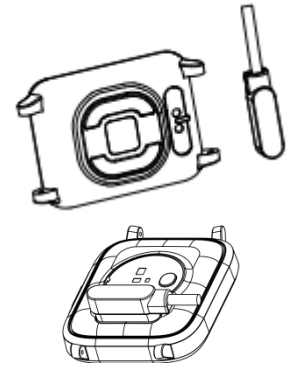
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User manual

Thank you for buying our LIVOO product. We take great care in design, ergonomics and ease of use of our products. We hope that this product will give you complete satisfaction.

This instruction manual is also available on our website www.livoo.fr

Attention

Before using the bracelet for the first time, it needs to be charged and activated. Use the equipped magnetic charger to attract to the metal point on the back of the bracelet. The other end of the charger can be connected to the USB charging head or computer USB interface.



1. Do not use an adapter with a current over 2A. Charging time is around 2~3 hours.
2. Do not charge after the device was water damaged.
3. This is an electronic monitoring product, data received from it cannot be used as medical basis.
4. Blood pressure testing tip :
 - a) Keep your body relaxed and still while testing.
 - b) Keep device at the same height as your heart, and don't talk while you are testing.
5. A charging environment of more than 50 degrees may cause overheating and deformation of the equipment.
6. This device uses built-in battery. It is forbidden to disassemble by itself. Please do not drop, collide, squeeze, puncture or cut.
7. When the battery is broken or leaking, please avoid contact with eyes and skin. When the situation occurs, please do not touch the contact area and rinse immediately with water.
8. The device is not compatible with a pacemaker

Warning:

This product is not a medical device. Watches and their applications should not be used for diagnosis, treatment, or prevention of diseases or illnesses. To change your habits such as exercise and sleep, be sure to consult a qualified medical professional to avoid serious injury. We reserve the right to modify and improve any of the functions described in this manual without prior notice and continuously update the contents of the product. All contents are subject to the actual product.

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PRODUCT DESCRIPTION



POWER ON

Long press the side button for 3 seconds or plug in the magnetic line to charge the smart bracelet.



DOWNLOADING AND BINDING OF SMART BRACELET APP

Download and install APP

Scan QR code with mobile phone to download APP.

For IOS system, select App store; and for Android system, select good play Store to download and install JyouPro.



Jyou Pro

Note : Your mobile phone must support Android 5.1 or IOS 8.0 or above, and Bluetooth 4.0 or above.

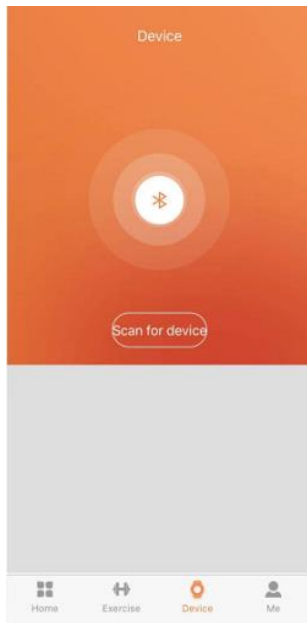
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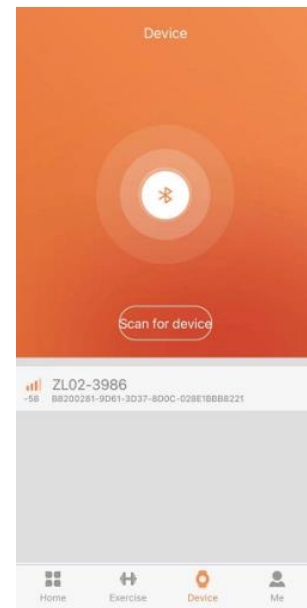
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BIND SMART BRACELET WITH APP

1. Click on « scan for device » to bind the smart bracelet.



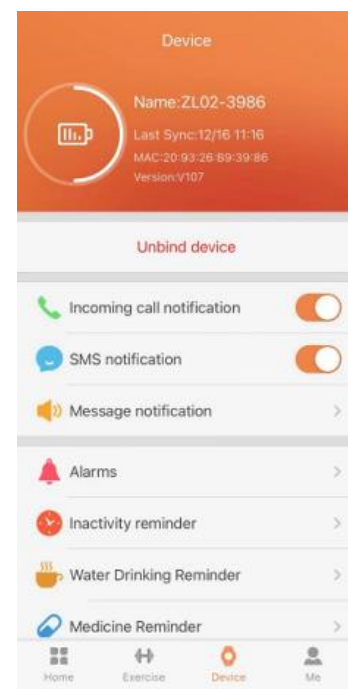
2. Click on your device in the device list scanned.



3. The IOS system will show a Bluetooth pairing request and you can click on Bluetooth “paring” to confirm. Connect it directly to Android system.



4. The binding is successful



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INTRODUCTION OF SMART BRACELET FUNCTIONS

Power on, switch the menu interfaces of main screen, as the interfaces shown in the following:



INTRODUCTION OF MAIN INTERFACE FUNCTIONS

After the smart bracelet and APP are first paired, the time and date of the mobile phone will be synchronized.

Note: Press and hold the screen for 2 seconds on the main interface to switch between multiple screen dials.



STEPS

The step-counting interface shows steps. Wear the smart bracelet on wrist, and the smart bracelet can automatically count steps, distance and calories.

MESSAGE

You can view the content pushed by the message in the information interface. At most seven messages can be saved. After seven messages are saved, the messages displayed before will be replaced by new messages one by one.

SLEEP

Wearing the smart bracelet at night to automatically judge whether you are in the sleep state, to record deep sleep and light sleep respectively, and to summarize the total sleep time to help you monitor your sleep quality. The sensor can measure your sleep quality according to the range and frequency of wrist movements when you sleep.

HEART RATE MEASUREMENT

The heart rate measurement interface supports real-time dynamic heart rate and understands your own health data. Be sure that there is no dirt at the bottom of the heart rate sensor when conduct measurement. Skin color, hair density, tattoo and scar may affect the accuracy of the measuring results, in which cases please re-measure the heart rate.

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Note: The heart rate sensor shall be closely attached rate. The sensor light exposure in case of wearing bracelet too loosely can result in inaccurate measured figures. Don't look steadily at the greenlight of sensor which may cause eye irritation.

BLOOD PRESSURE

The blood pressure shall be measured in a quiet environment and at proper temperature. Have a rest for at least 5 minutes before measurement. Avoid nervous, anxious and exciting feeling; measure three time repeatedly at an interval of 2 minutes. Record the average value of reading measured three times.

BLOOD OXYGEN

Blood oxygen saturation (Sp2) is the percentage the amount of Oxyhemoglobin (Hb2) which has been oxygenated in the blood and the total amount of hemoglobin (Hb, hemoglobin) which can be oxygenated. It means the concentration of oxygen in blood.

SPORT

There are 6 kinds of sports in the sports interface, including running, walking, mountaineering, cycling, basketball, swimming.

WEATHER

The weather page will display the current weather today and tomorrow. Click on the weather interface to display the weather forecast for the next 3 days.

For weather information, it needs to connect with the client end before data can be obtained. If the disconnection time is long, the weather information cannot be updated.

BRIGHTNESS

Click the icon to select screen brightness, slide to the right to exit and save the record.

TIMER

Enter the stopwatch page, click on the icon "Start" below to start timing, then singly click on the icon "Pause" to pause timing, and the icon in the left is for one-key resetting.

FIND MOBIL PHONE

Switch to the Find Mobile Phone interface; shake the bracelet, and the mobile phone can make a ringtone synchronically.

MUSIC

After connecting with the mobile phone, the smart bracelet can control the music player of the mobile phone. When the mobile phone pays music, you can use the smart bracelet to control the mobile phone for playing /pausing, the previous song and the next song.

MORE

Click the "more" icon to enter the function interface.

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POWER OFF

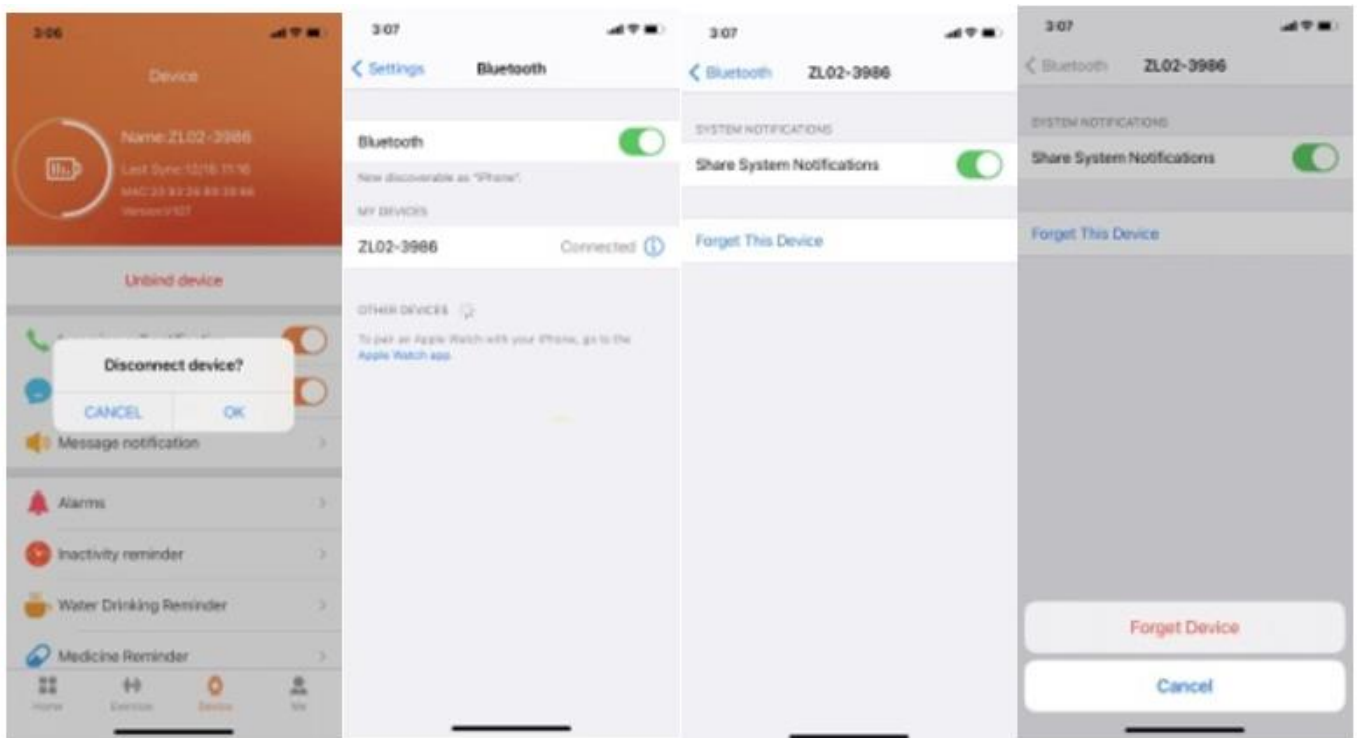
Click on “Confirm” to turn off the smart bracelet and the smart bracelet is in a sleep state.

RESET

Click on “Confirm” to clear all data in the smart bracelet, and to restore factory settings

REMOVE DEVICE

For the Android mobile phone, the device can be disconnected from your mobile phone by simply clicking on Remove device. For Apple mobile phone after binding removal, you need to click on the symbol on the right in Setting-Bluetooth, and choose to ignore the device. As shown below:



FREQUENTLY ASKED QUESTIONS (FAQs)

1. Why does the smart bracelet automatically disconnect Bluetooth when the Android screen goes out?
 - 1> Lock background APP. When the JYouPro process is cleared, the smart bracelet will be disconnected from the mobile phone.
 - 2> Set APP self-startup
 - 3> Unrestricted background operation. The Android mobile phone installed with APP intelligently restricts the background operation by default, and App should be set manually without any restriction.
2. Why cannot the smart bracelet receive message push?
 - 1> Please confirm that you have turned on the switch for message push at the mobile phone client.
 - 2> Please confirm that messages can be displayed normally in the mobile phone notification bar? The message push on the smart bracelet is completed by reading the message from the mobile phone notification bar. The smart bracelet will not receive the message push if there is no message in the mobile

phone notification bar. (You need to find notification settings in the mobile phone settings, and turn on the notification switch of WeChat, QQ, call, SMS and mobile phone client).

3> Turn on the mobile phone ---Setting. Enter “notification use right” on the top search box. Re-open JYouPro.

3. Why can't take a hot bath with the smart bracelet?

Answer: the bath water has a relatively high temperature, and generates a lot of vapor which is the gas phase with small molecular radius and can easily infiltrate into smart bracelet from the shell gap. When the temperature drops down, the vapor will condensate into liquid-phase droplets which will easily cause the short circuit inside the smart bracelet and damage the circuit board and then damage the smart bracelet.

4. Why is the Bluetooth connecting icon blinking all the time? Answer: User may encounter this problem. It mainly can prompt the users that the pushed message is not received if APP is not connected with bracelet. Launch APP to connect to bracelet and the Bluetooth icon can be displayed normally.

Note: For more frequently asked questions, please refer to the JYouPro APP User Manual.

PRECAUTIONS

1. Do not use an adapter with a current over 2A. Charging time is around 2~3 hours
2. Do not charge after the device was water damaged
3. This is an electronic monitoring product, data received from it cannot be used as medical basis.
4. Blood pressure testing tip :
 - a) Keep your body relaxed and still while testing.
 - b) Keep device at the same height as your heart, and don't talk while you are testing.

Warning: this product is not a medical device. The Smart band and its applications should not be used in diagnosis, treatment for as a preventive treatment for diseases and sickness. Please consult medical professionals before changing exercise habit or sleep habit to avoid serious injuries. The manufacturer reserves the right to modify and improve any functions description in this user guide and continuous update of the new content without further notice. This user guide is for reference only, the smart band for selling is subject to the final product.

UE DECLARATION OF CONFORMITY

We
DELTA
BP61071
67452 Mundolsheim – France

Declare under our own responsibility that the article:

- **Description : Smart Watch**
- **Reference : TEC616**

To which this declaration applies, is in conformity with the applicable EU harmonization legislation:

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DIRECTIVES	STANDARDS or SPECIFICATIONS
(ROHS) 2011/65/EU	The object of the declaration described above is in conformity with Directive 2011/65/EU of the European Parliament and of the Council of 8 June 2011 on the restriction of the use of certain hazardous substances in electrical and electronic equipment. EU 2011/65/EU et EU 2015/863
(RED) 2014/53/EU	EN 50663:2017 ETSI EN301 489-1 V2.2.3(2019-11) ETSI EN301 489-17 V3.2.0(2019-03) ETSI EN 300 328 V2.2.2(2019-07) EN 62368-1:2020

Mundolsheim, the 19/06/2023

David Bousquet, CEO

Signature:

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Correct disposal of the unit
(Electrical and Electronic Equipment)

(Applicable in the European Union and the rest of Europe that have adopted separate collection systems countries)

The European Directive 2012/19/EU on Waste Electrical and Electronic Equipment (WEEE), requires that old household electrical appliances must not be disposed of in the normal household waste stream. Old appliances must be collected separately in order to optimize the recovery and recycling of the materials they contain and reduce the impact on human health and the environment. The symbol of the crossed out dustbin is marked on all products to remind the obligations of separate collection. Consumers should contact their local authority or retailer for information concerning the correct disposal of their product.



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- Non contractual illustration
- Product information is subject to change without prior notice.